

PERSONAL STATEMENT

I merge evidence-based practice, holistic care, and a decade of bedside experience to support my patients in achieving their goals.

EDUCATION

Georgia College & State University, Milledgeville, GA
Post-Masters Certificate, Nurse Midwifery, May 2025

Augusta University, Augusta, GA
Master of Science, Nursing, Clinical Nurse Leader, December 2019

American Military University, Charles Town, WV
Master of Arts, Strategic Intelligence, November 2010

Clemson University, Clemson, SC
Bachelor of Arts, Communication Studies, May 2006
Magna Cum Laude

LICENSURE

Georgia Board of Nursing, APRN-CNM

Georgia Board of Nursing, Registered Professional Nurse, RN292611

CERTIFICATIONS

Inpatient Obstetric Nursing (RNC-OB), National Certification Corporation (NCC), 2023

Advanced Cardiac Life Support, American Heart Association, 2025

Electronic Fetal Monitoring (C-EFM), National Certification Corporation (NCC), 2023

Neonatal Resuscitation Program, American Academy of Pediatrics, 2025

PROFESSIONAL AND CLINICAL EXPERIENCE

St. Mary's Hospital: Family Birth Center (LDRP), Athens, Ga
Registered Nurse

January 2020 - Present

- Provide patient-centered care for ante-, intra- and postpartum patients as well as newborns. Circulate cesarean sections, administer medications, conduct physical assessments. Manage patients with risk factors, including hypertension and gestational diabetes. Educate patients on labor, lactation, and discharge-specific topics.

Piedmont Athens Regional/Women's Healthcare Associates, Athens, Ga

Nursing Student, Georgia College & State University
Clinical Preceptor: Hannah Turner, CNM – 295 hours

January 2025 – May 2025

- Attended both spontaneous and induced labors to reach a total of 50 vaginal deliveries as primary, repaired lacerations, identified and managed complications. Evaluated obstetric triage patients and developed plans of care. Completed newborn assessments and discharge teaching.

Northeast Georgia Medical Center, Braselton, Ga

Nursing Student, Georgia College & State University
Clinical Preceptor: Kasey Pitts, CNM – 275 hours

August 2024 – December 2024

- Managed both spontaneous and induced labors, attended vaginal deliveries, repaired lacerations. Evaluated obstetric triage patients. Provided prenatal, postpartum, and well-woman care in the office setting.

Athens Wellness Clinic, Athens, Ga

Nursing Student, Georgia College & State University
Clinical Preceptor: Julie Crowe, APRN – 135 hours

August 2024 – November 2024

- Provided health care services to under- and uninsured patients, including primary care, well-woman services, and screenings. Utilized community resources, available referral programs, and discount prescription services to manage chronic conditions and accompanying treatments within the limitations of non-profit, community-based clinic.

Women's Healthcare Associates, Athens, Ga

Nursing Student, Georgia College & State University
Clinical Preceptor: Hannah Turner, CNM – 270 hours

February 2024 – June 2024

- Performed well-woman exams, including recommended annual screenings. Provided trimester-specific education and care to antepartum patients. Utilized screening tools to assess postpartum patients for mental health needs. Provided lactation support and resources to breastfeeding parents. Assessed patients with gynecological concerns and develop plans of care. Collaborated with patients to determine fertility management strategies to meet their family planning goals, including initiating hormonal birth control as needed.

Community Health Clinical: Boys and Girls Club, Athens, Ga

Nursing Student, Augusta University
Clinical Preceptor: Susan Dougherty, RNC, WHNP, DNP - 48 hours

May 2019 - July 2019

- Performed windshield community assessment, utilized assessment data and staff input to develop tailored community-based intervention, successfully implemented teaching day: 12 girls received personal hygiene and menstruation education.

Pediatric Acute Care Clinical: Children's Hospital of Atlanta (Scottish Rite), Atlanta, Ga

Nursing Student, Augusta University
Clinical Preceptors: Jessica Kelly, RN, MSN and Ashley Henderson, RN, MSN - 18 hours

July 2019

- Obtained and assessed vital signs per physician order, administered prescribed medications utilizing the five rights of medication administration, performed head-to-toe assessments and reported abnormal findings.

Medical-Surgical II Clinical: Cardiology Floor, Piedmont Athens Regional Medical Center, Athens, Ga

Nursing Student, Augusta University
Clinical Preceptor: Emily Vickery, RN, MSN - 120 hours

January 2019 - April 2019

- Assessed vital signs and point-of-care glucose checks, performed head-to-toe assessments, administered medications and completed supportive care to include: PEG feedings, Foley catheters, vaccinations, and peripheral iv starts.

Mental Health Clinical: Ridgeview Institute, Monroe, Ga

Nursing Student, Augusta University

March 2019 – April 2019

Clinical Preceptor: Allison Kruse, RN, MSN - 60 hours

- Assessed the safety of and potential risks to the patient population, completed daily patient assessments and supported psychosocial needs via one-on-one interaction, promoted group therapy attendance and encouraged discussion participation.

Medical-Surgical I Clinical: Neuroscience Floor, St. Mary's Hospital, Athens, Ga

Nursing Student, Augusta University

October 2018 - December 2018

Clinical Preceptor: Elizabeth Beerman, RN, MSN - 60 hours

- Obtained and assessed vital signs and point-of-care glucose checks per physician order, performed head-to-toe assessments and documented findings, provided hands-on comfort care to improve patient hospital experience.

Now What? Professional Services for the Childbearing Year

Owner/Operator

November 2011 – July 2018

- Supplied birth, postpartum, and lactation support while executing all aspects of small business ownership.

PRESENTATIONS

Integrating Emerging Research into Evidence-Based Management of Pregnant Individuals with Hyperlipidemia, Georgia

College & State University, December 2024

Surrogacy: Legal and Ethical Considerations for the APRN, Georgia College & State University, June 2024

Sharing Their Stories: Collaborative Journaling to Support Postpartum Spiritual Needs, Augusta University, December 2019

Acute Care Considerations for Lactating Patients, Augusta University, October 2019

PROFESSIONAL ORGANIZATIONS

Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) (Georgia Chapter), Full member, current

American College of Nurse-Midwives (ACNM), Student member, current

VOLUNTEERISM

CerviCusco, Cusco, Peru

September 2019

- Conducted cervical health screenings, blood pressure and glucose assessments, and Pap smears in rural public health and university health clinic settings

- Citizenship Clinic: Asian Americans Advancing Justice Atlanta, Athens, Ga** August 2017
- Assisted Lawful Permanent Residents in completing N-400 citizenship applications
- ReBlossom Mama Baby Shop, Athens, Ga** August 2015
- Developed and taught Introduction to Babywearing class
- Operation Special Delivery, Hurlburt Field, Fl** December 2011 - April 2012
- Provided free prenatal, labor, & postpartum support for military couples separated by deployment and/or training
- Hurlburt Air Force Base Breastfeeding Support Group, Hurlburt Field, Fl** January 2011 - March 2012
- Initiated, organized, and led a weekly support group for Active-Duty nursing mothers
 - Created and presented a Breastfeeding Basics class later adopted by the Medical Group for patient education

CONTINUING EDUCATION

Nexplanon Clinical Training Program, Organon, 2025

Obstetric Patient Safety Program: OB Emergencies Workshop, AWHONN, 2024

OBGYN Didactics & Skills Simulation: Amniotic Fluid Embolism and Maternal Cardiac Arrest, Team Health Institute, 2024

Supporting and Promoting Breastfeeding, Chestfeeding and Lactation in Prenatal Settings, Center for Public Health Continuing Education at the State University of New York at Albany, 2024

Supporting and Promoting Breastfeeding, Chestfeeding and Lactation in Hospital/Birthing Settings, Center for Public Health Continuing Education at the State University of New York at Albany, 2024

Supporting and Promoting Breastfeeding, Chestfeeding and Lactation in Postpartum Settings, Center for Public Health Continuing Education at the State University of New York at Albany, 2024

Harvard Medical School's Sexual and Gender Minority Health Teaching Module Series, National LGBTQIA+ Health Education Center, 2024

National STD Curriculum, University of Washington, 2024

Kyleena, Mirena, and Skyla IUD Education & Placement Training, Bayer, 2024

Fundamentals of EKG, St. Mary's Hospital, 2023

Georgia 5 Star Education, St. Mary's Hospital, 2020

Nurse Residency Program, St. Mary's Hospital, 2020

Preterm Labor Assessment Toolkit, March of Dimes, 2020

Mandated Reporters: Critical Links in Protecting Children in Georgia, Pro Solutions Training, 2019

Supporting Birth and Bereavement, Still Birthday, 2017

Hug Your Baby: Helping Parents Understand Their Newborn, North Carolina Nurses Association, 2011

Ten Steps to Successful Breastfeeding, *Healthy Child Project*, 2011

A Safe Passage: Supporting Women Survivors of Abuse Through the Childbearing Years, *Lamaze International*, 2011

Keys to Postpartum Depression, *University of Washington School of Nursing*, 2010

Birth, Postpartum, and Lactation Educator Training, *Childbirth and Postpartum Professional Association*, 2010

RECOGNITION

Clinical Excellence Award nominee, *St. Mary's Hospital*, 2024, 2025

Daisy Award nominee, *St. Mary's Hospital*, 2024, 2025

PROFESSIONAL AFFILIATIONS

American Association of Birth Centers, *active member*

American College of Nurse Midwives, *active member*

Association of Women's Health, Obstetric and Neonatal Nurses, *active member*